Short Cases

MICHAEL DERYNCK, MD
UNIVERSITY OF CALGARY
FEBRUARY 15 2018



Case 1:

Beyond Bronchiolitis

Presentation

2 month old, term girl

Cough and rhinitis, increased work of breathing, wheeze and apnea x 1 day

Fatigue while feeding

Hypotonia

Hx: Entero/Rhino infection

Physical Exam

T36.4 RR46 SpO₂ 94%

Noisy breathing

Not dysmorphic

CVS normal

Air entry decreased on right

No wheezes, few scattered crackles

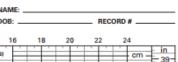
Hypotonic extremities and head lag

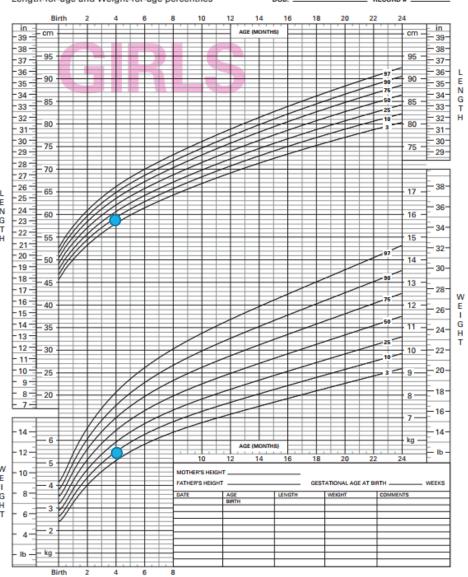
WHO GROWTH CHARTS FOR CANADA

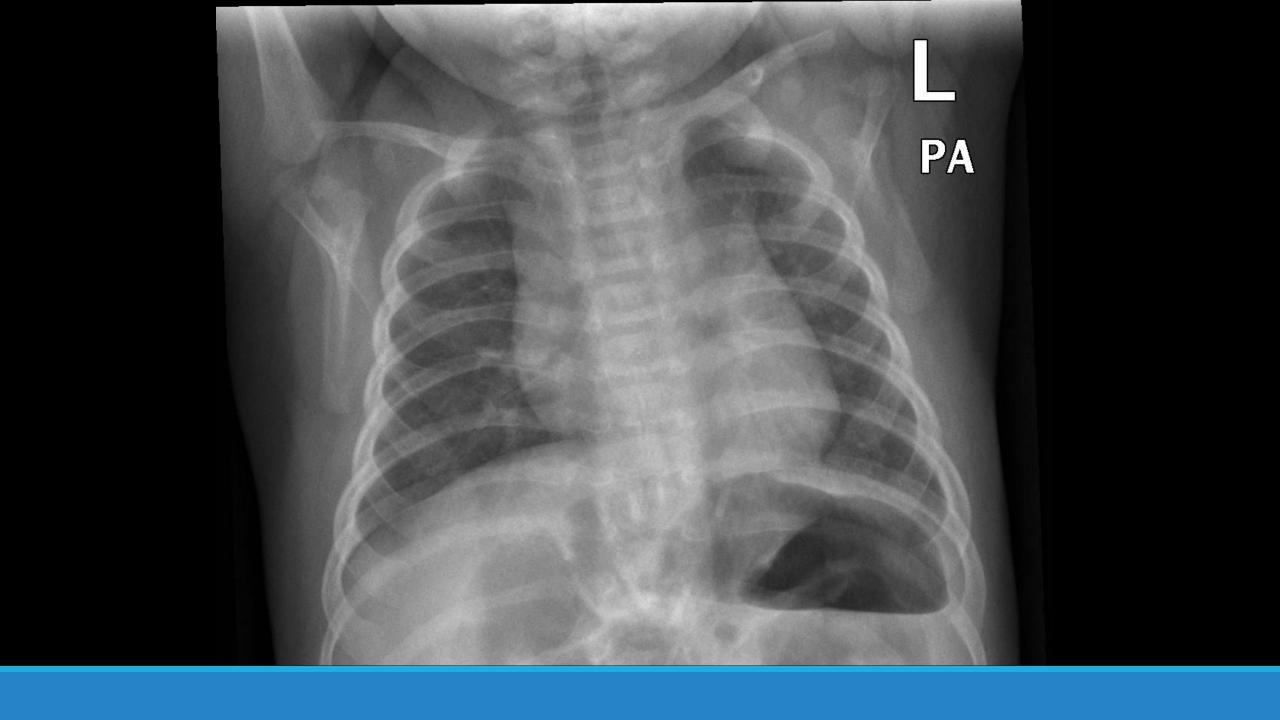


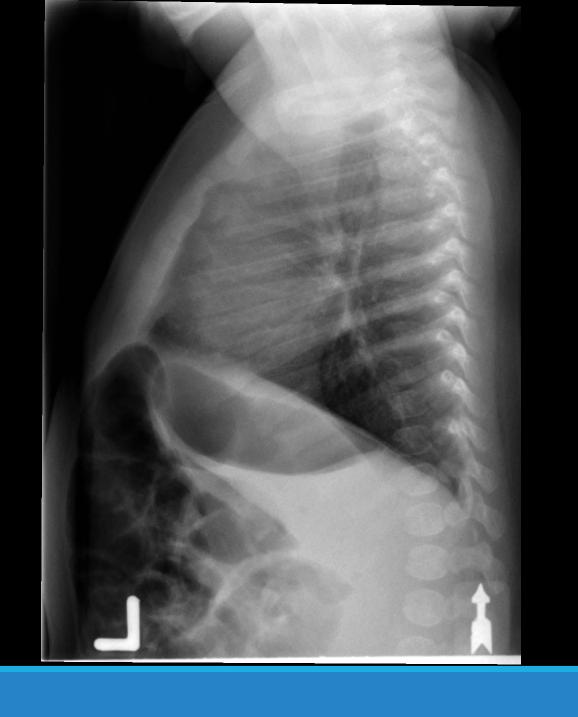
BIRTH TO 24 MONTHS: GIRLS

Length-for-age and Weight-for-age percentiles

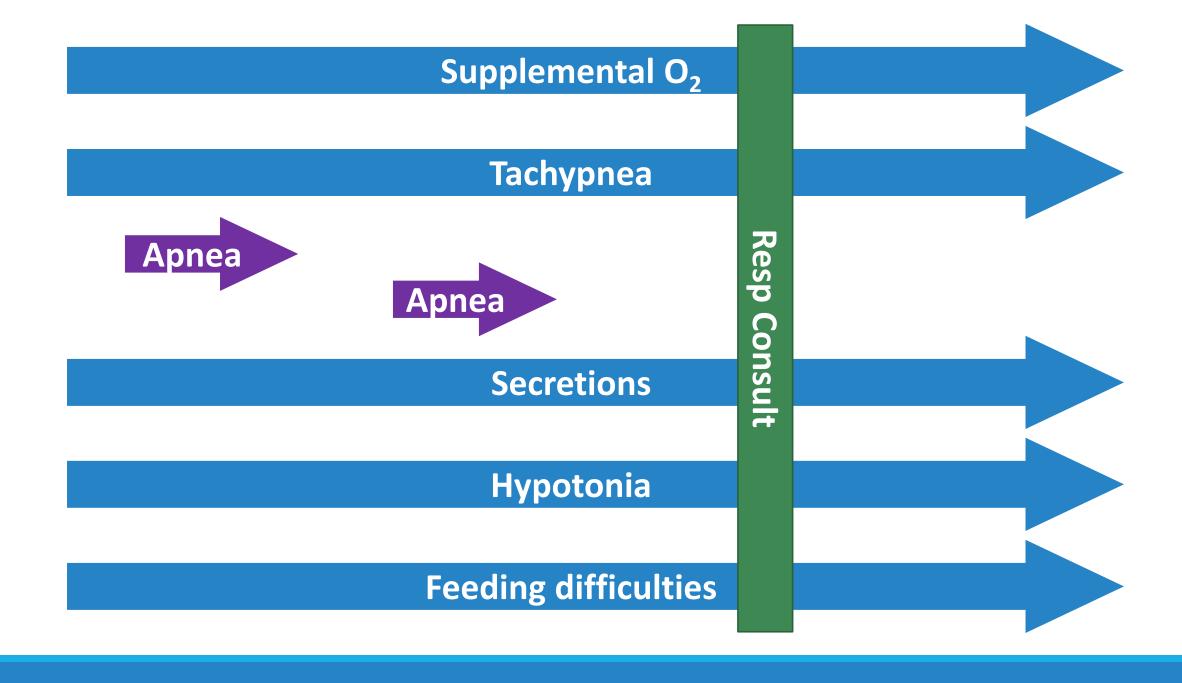






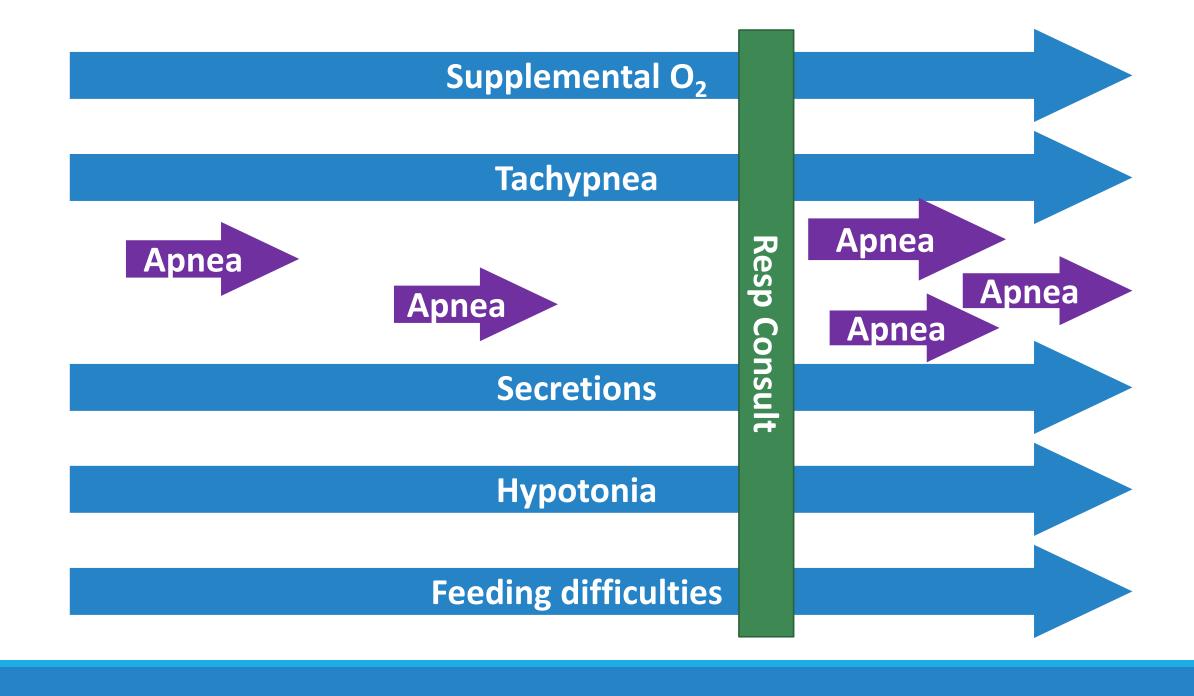


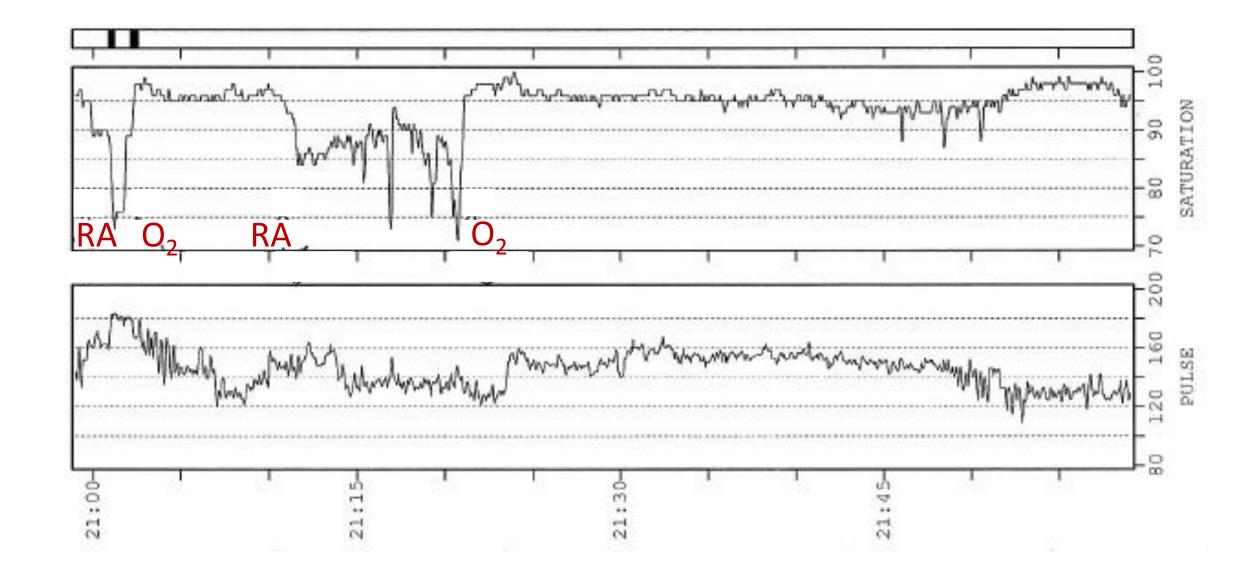
CBG	7.31 // 41 // 45 // 21
CBC	Hb 99 WBC 11.5, normal differential Plt 295
Electrolytes, Urea, Creatinine	Normal
CRP	52.3
Viral Panel	Entero/rhino positive



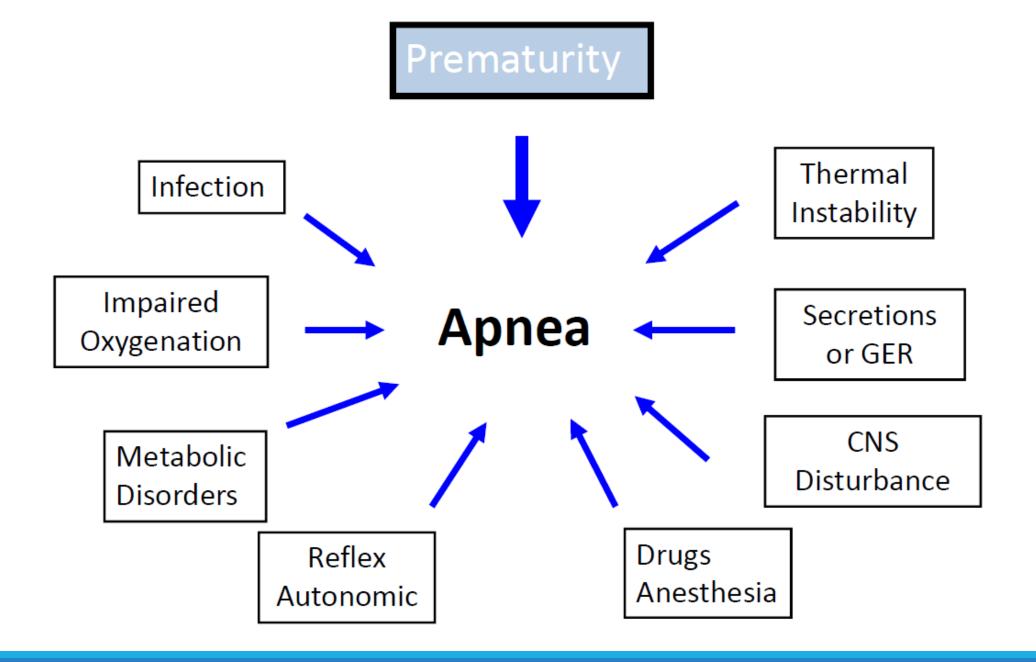
Investigations

Pertussis	Negative
Chlamydia	Negative
FEES	Not safe to orally feed

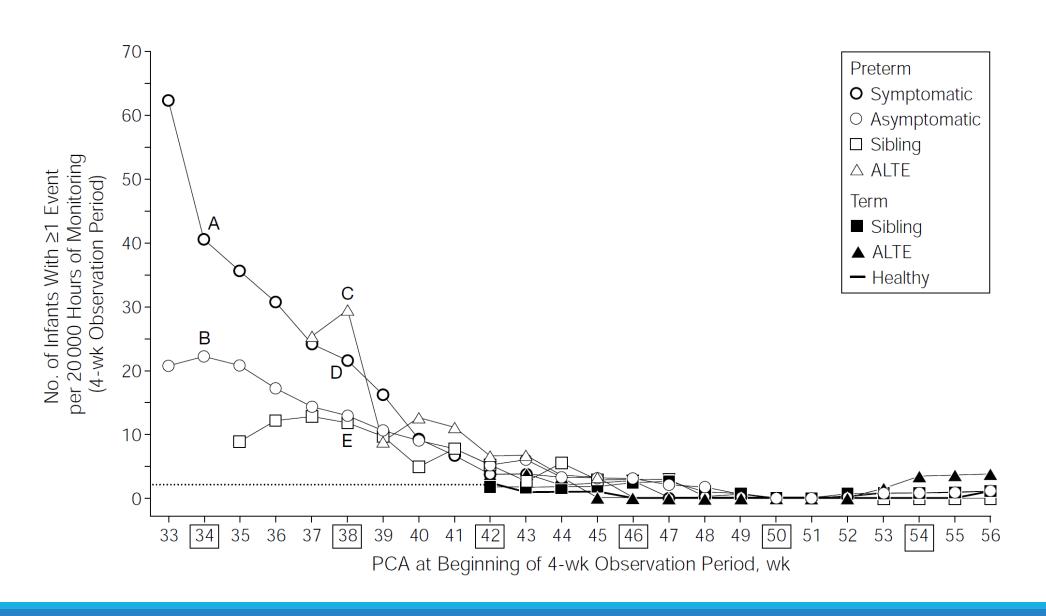




"We would always watch her sleep..."



Rate of Infants with One or More "Extreme" Events



Primary	Secondary
 Congenital Late-onset central hypoventilation syndrome Idiopathic hypothalamic dysfunction 	 Trauma Infection Tumour Central nervous system infarct Asphyxia
Arnold-Chiari MalformationApnea of prematurity	Increase intracranial pressureMetabolicDrugs

Which investigation would you choose next?

EEG

Overnight oximetry

MR head

Head ultrasound

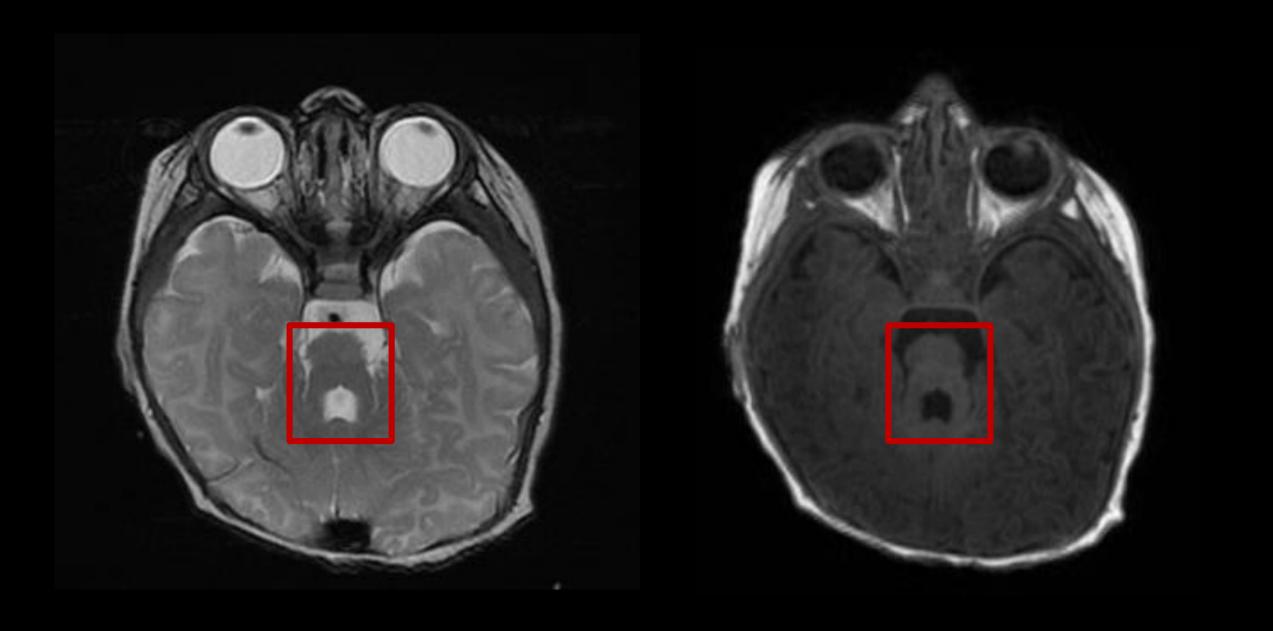
Blood gas

Limited guidance to direct evaluation of suspected central apneas

MR Head most routinely recommended investigation

Abnormal MR Findings

	OR (95% CI)
Abnormal neurologic exam	29.5 (1.2 - 702.0)
Clinical GERD	11.2 (1.6 - 78.4)





https://radiopaedia.org/cases/joubert-syndrome-2

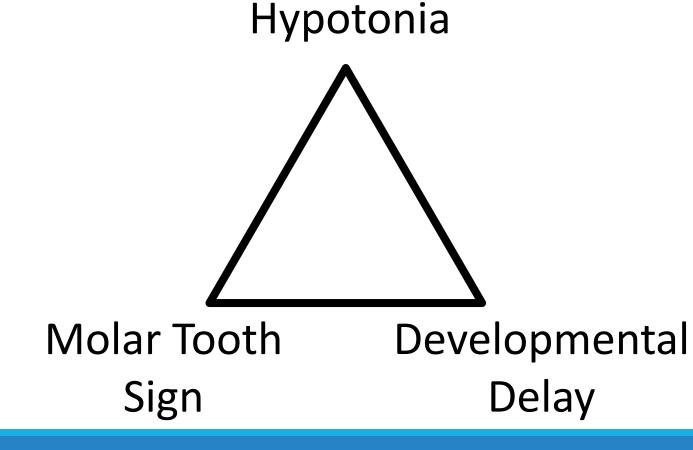
Joubert Syndrome

Prevalence 1: 100 000

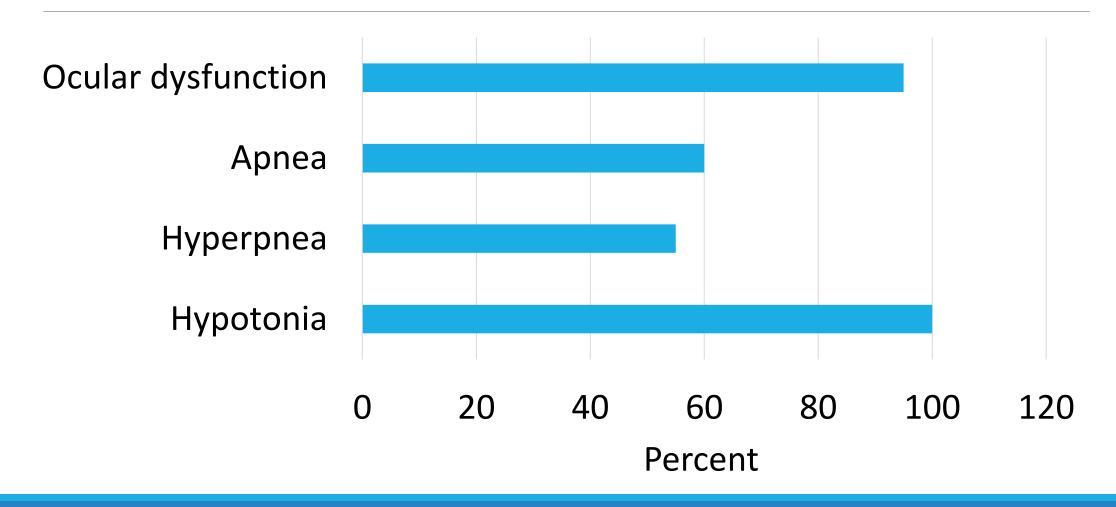
Autosomal recessive

• 34 genes

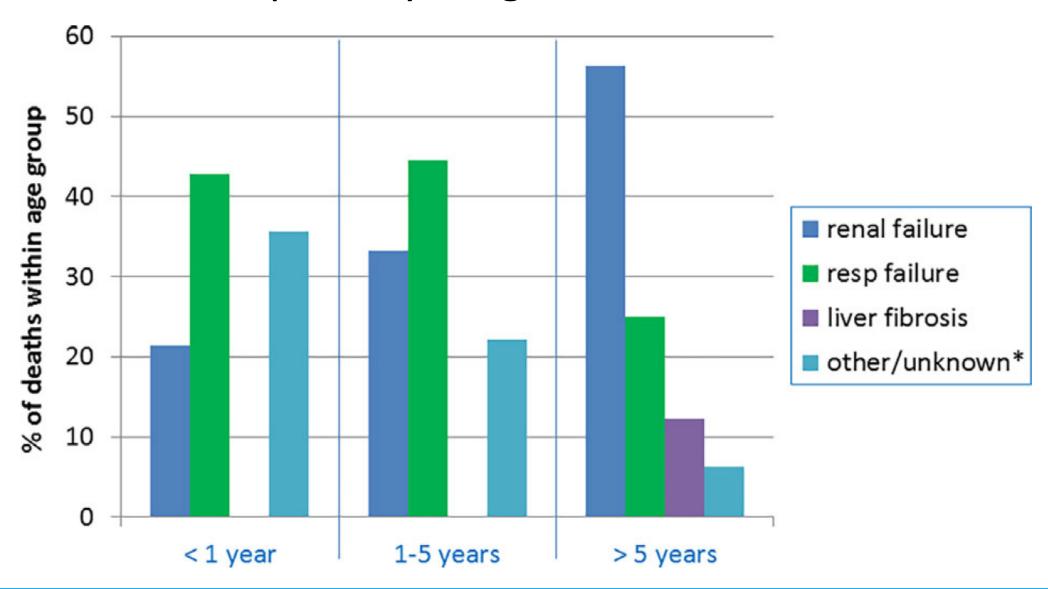
Ciliopathy



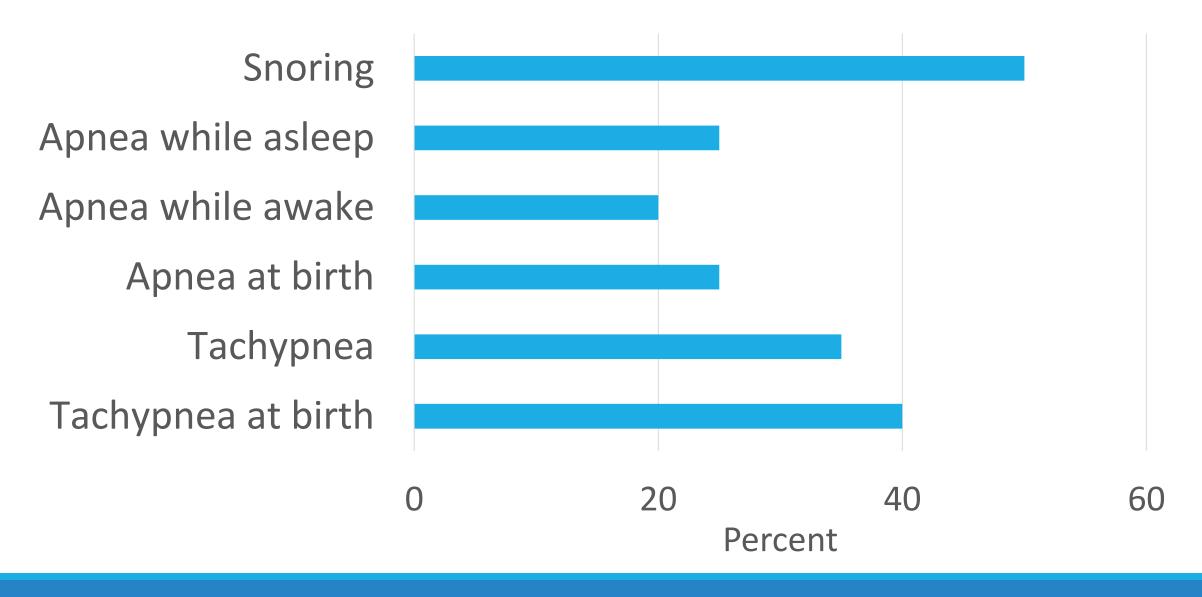
Additional Features



Respiratory Prognosis



Childhood Breathing Irregularities



Respiratory Management

Spectrum of respiratory support:

- Low flow oxygen most common
- CPAP/BiPAP/tracheostomy much less common

Caffeine

Role unclear

Other considerations

Consider:

- Home monitoring
- Avoid opioids in anesthesia
- Use regional anesthesia

Disposition

Home oxygen

0.5 L/min for 24 hours daily

Home suction

Overnight caregivers

Exclusive NJ feeds

European Journal of Human Genetics (2007) 15, 511–521 © 2007 Nature Publishing Group All rights reserved 1018-4813/07 \$30.00



www.nature.com/ejhg

PRACTICAL GENETICS

In association with orphanet

Joubert syndrome (and related disorders) (OMIM 213300)

Take Home Messages

Brain imaging useful with

- Neurologic findings
- Clinical GERD

Joubert syndrome

- Hypotonia, delay, and molar tooth sign
- Supportive management
- Breathing improves with time

Case 2: It's never too late

Presentation

9 year old girl, refugee

Cough x 16 days

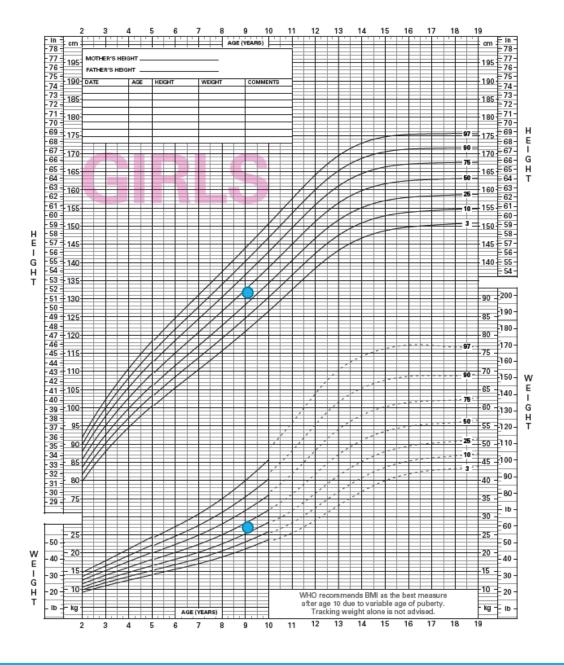
Right chest pain

PMHx:

Normal pregnancy, delivery

Asthma (Ventolin prn)

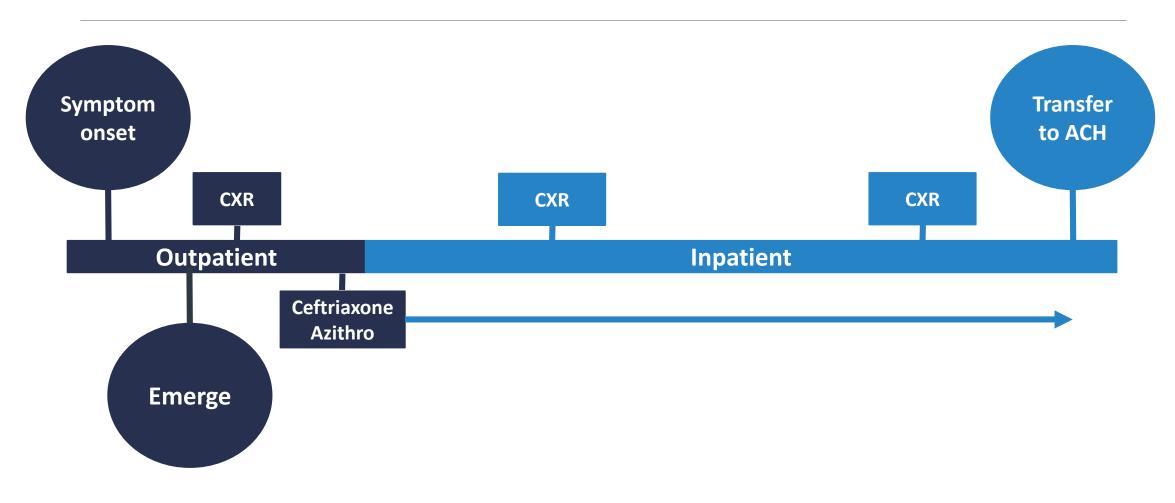
Vitals	T 37.3°C RR 23 SpO ₂ 98% RA
CVS	Normal
Resp	Mild WOB Decreased on right No wheeze, no crackles
GI	Normal No organomegaly

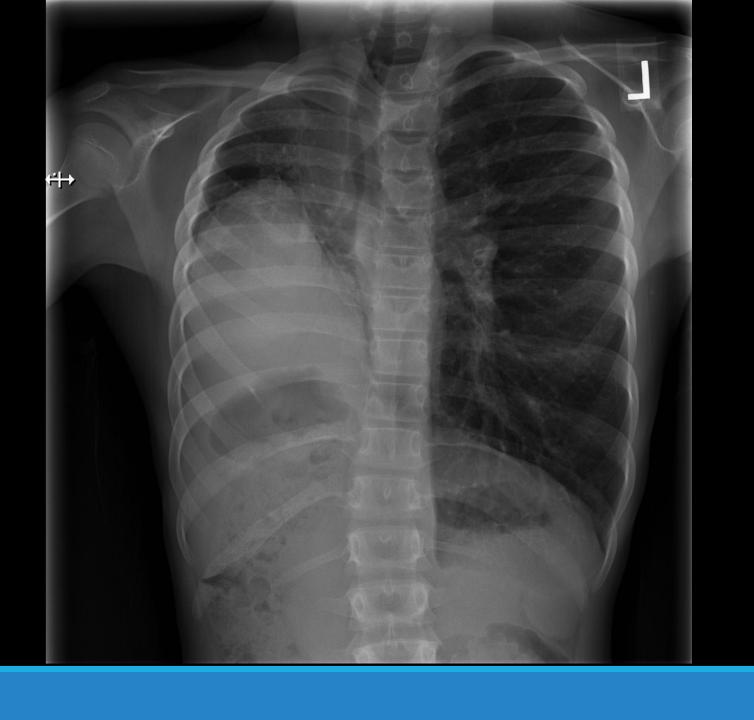






Timeline





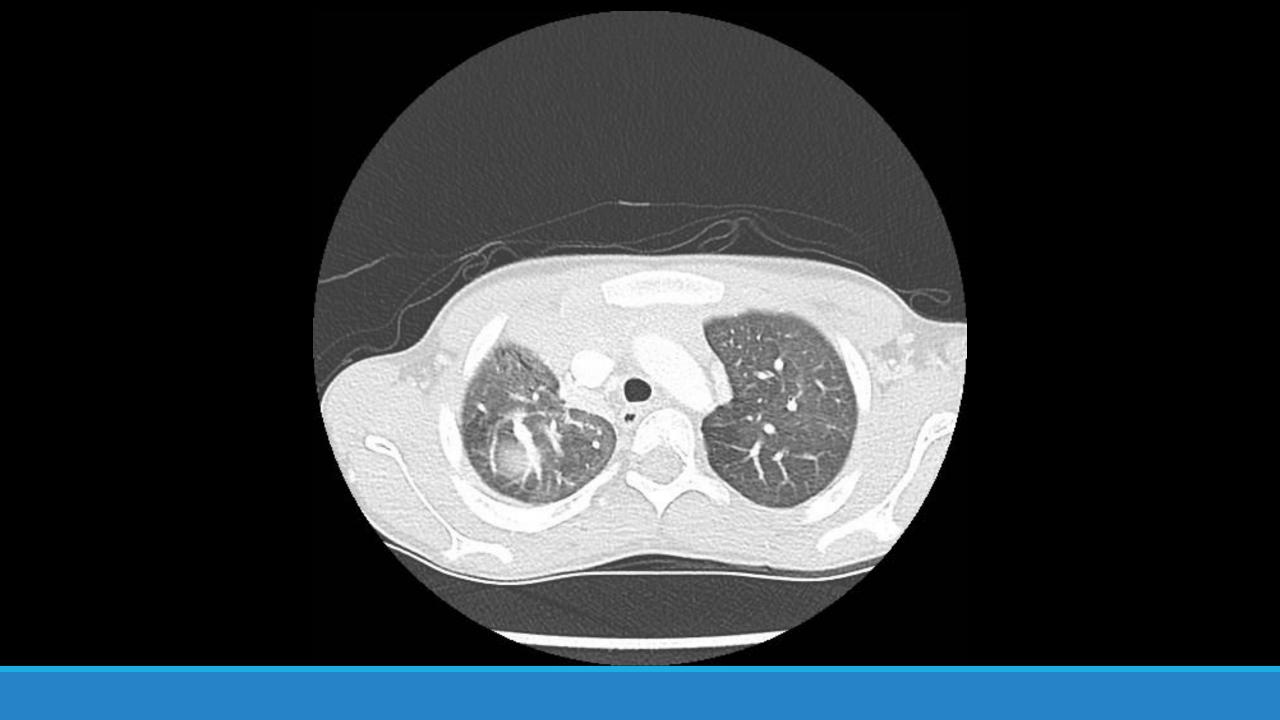
Day 7

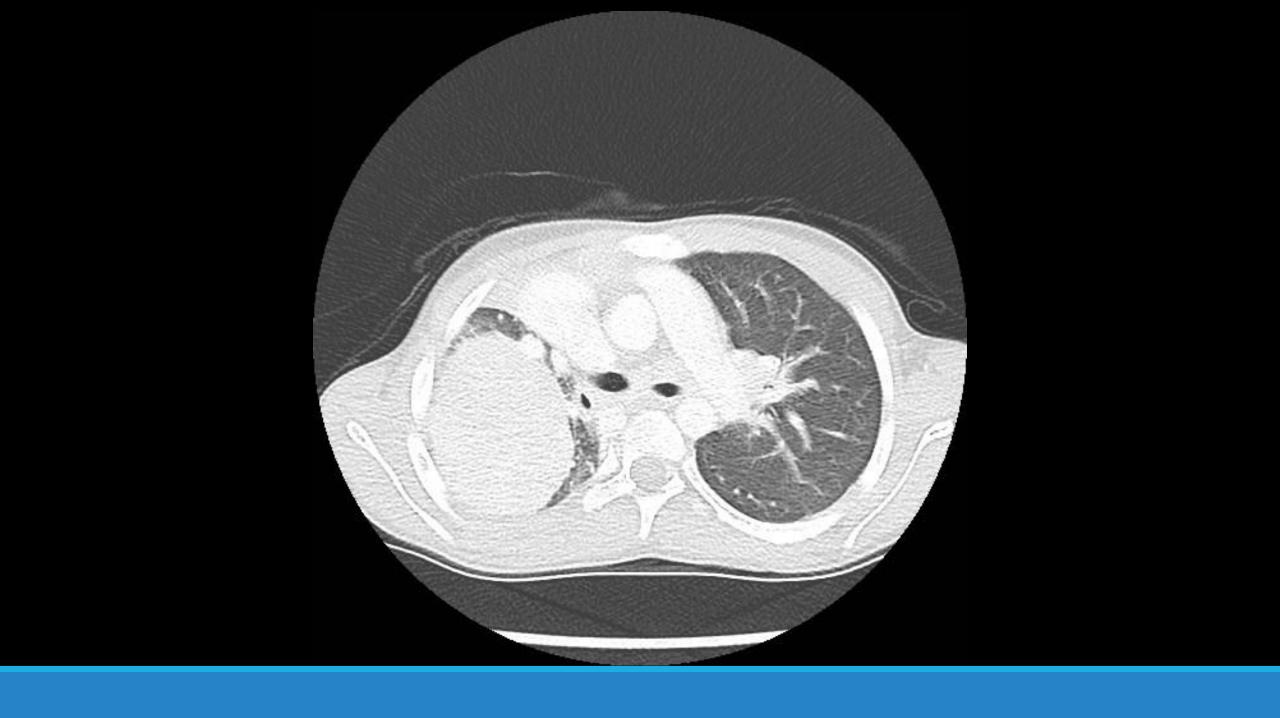
Viral panel	Negative
Pertussis	Negative
CBC	WBC 10.2, normal differential Hb 151 Plt 354
Electrolytes, Urea, Creatinine	Normal
Liver transaminases	Normal
Lipase	Normal
Bilirubin	Normal

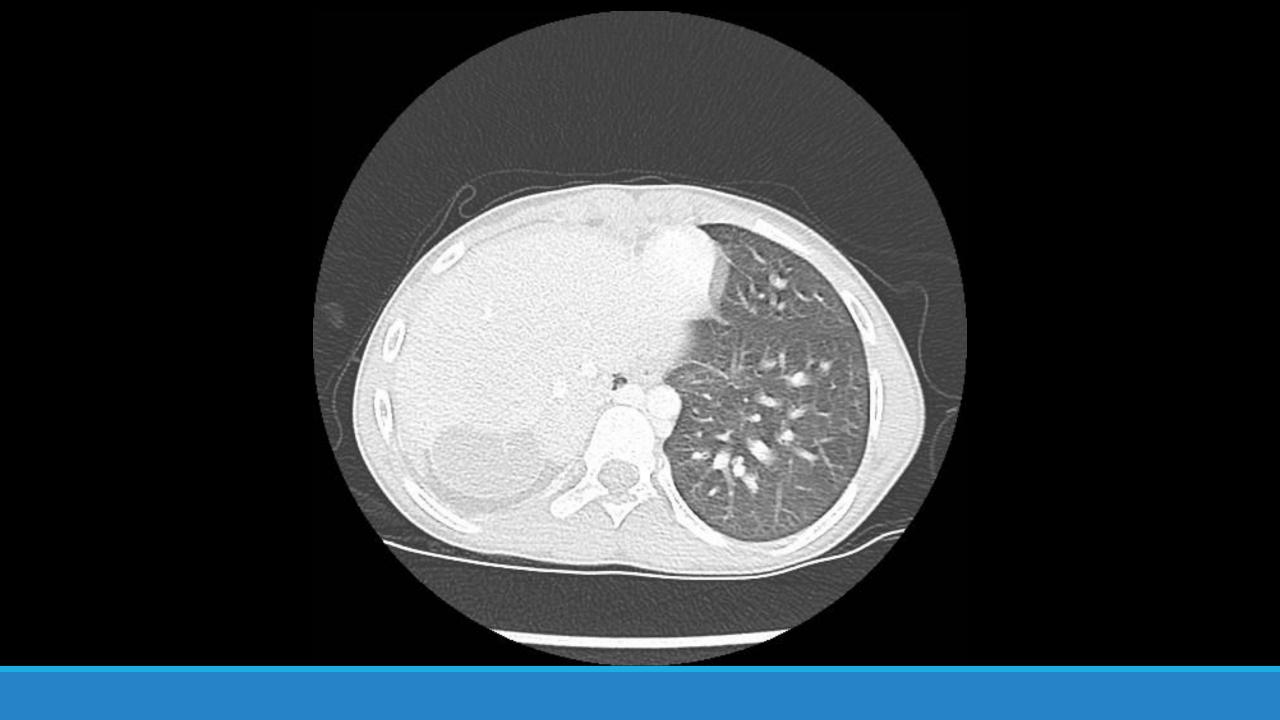
What is your differential diagnosis?

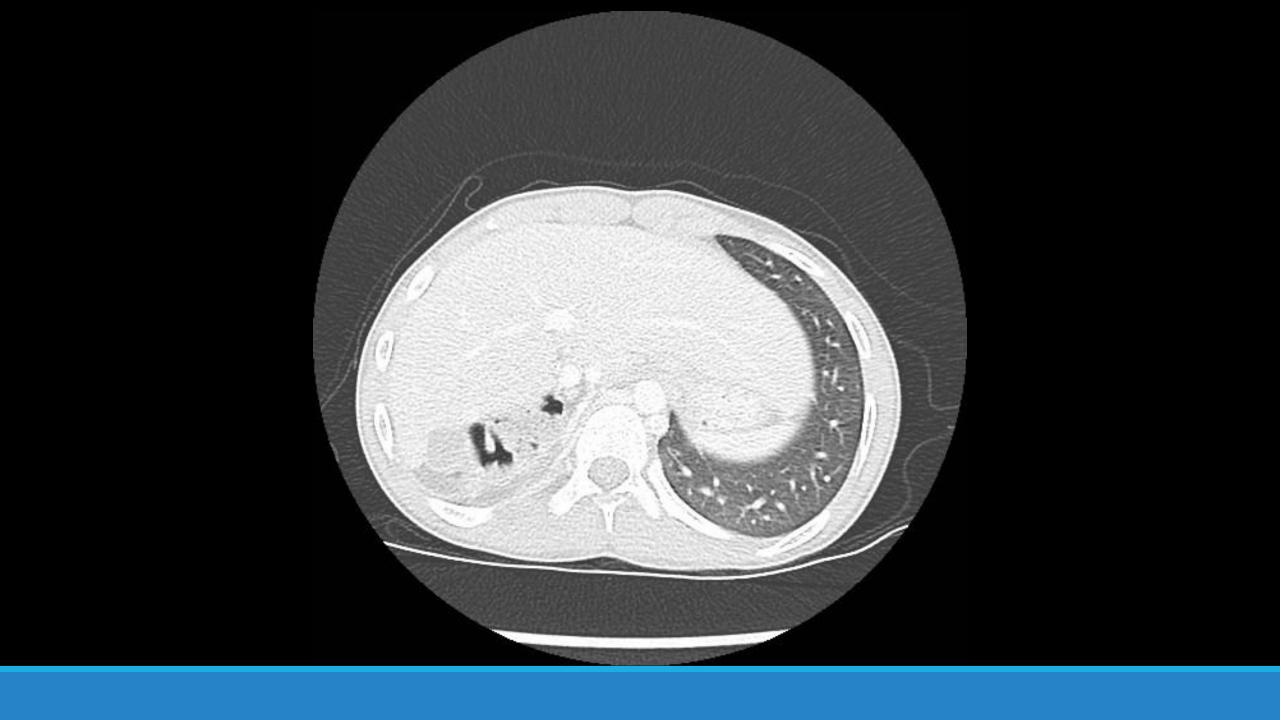
















Which of the following is true:

- A. Environmental factors do not play a role in the development of CDH
 - B. Most cases of CDH are detected prenatally
 - C. CDH infants should immediately be ventilated using a bag mask
 - D. Right-sided hernia is easily detectable on ultrasound



Congenital diaphragmatic hernia

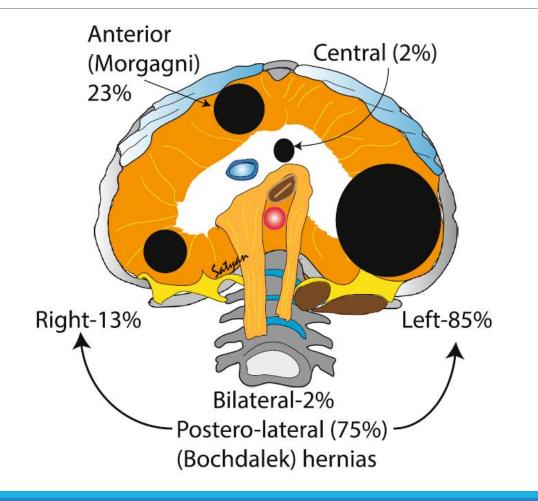
1 in 3300 live births

Genetic and environmental influences

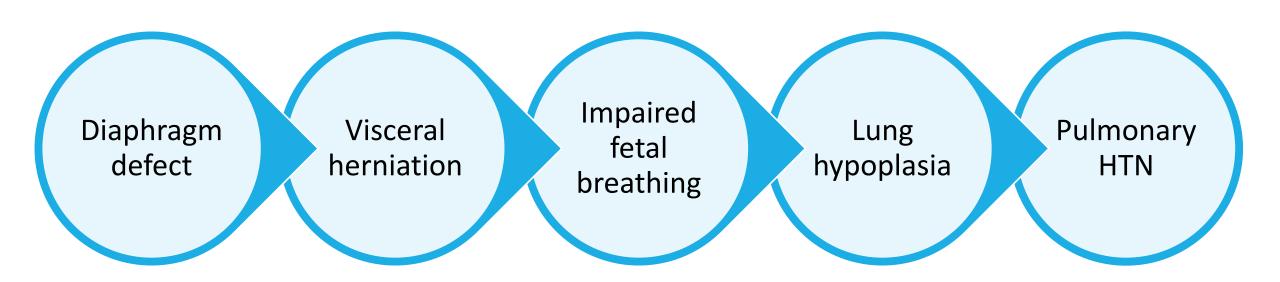
- Vitamin A pathway
- Aneuploidy

Associated defects

Cardiac, GI, GU



Pathophysiology



Late congenital diaphragmatic hernia

5-25% of CDH

- 80% left;
- 20% right; 2/3 dx < 1 year

2 male: 1 female

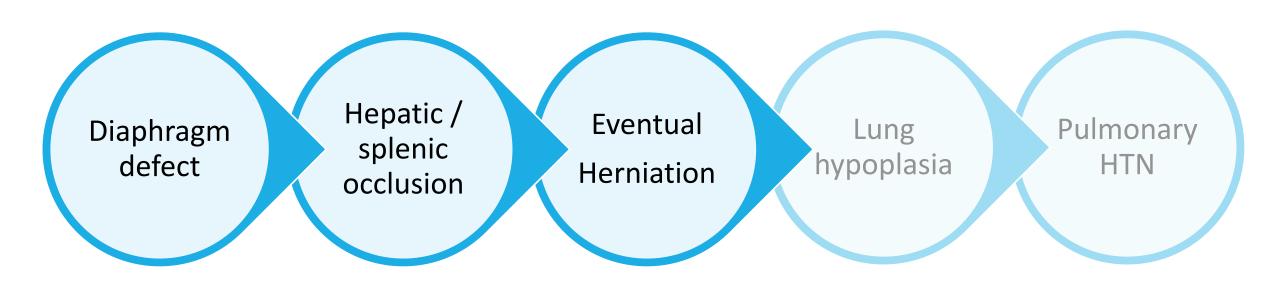
Congenital vs acquired debate is ongoing

Few associated anomalies

Malrotation in 29%

No apparent heritability

Pathophysiology



What is the most common presenting symptom in late CDH?

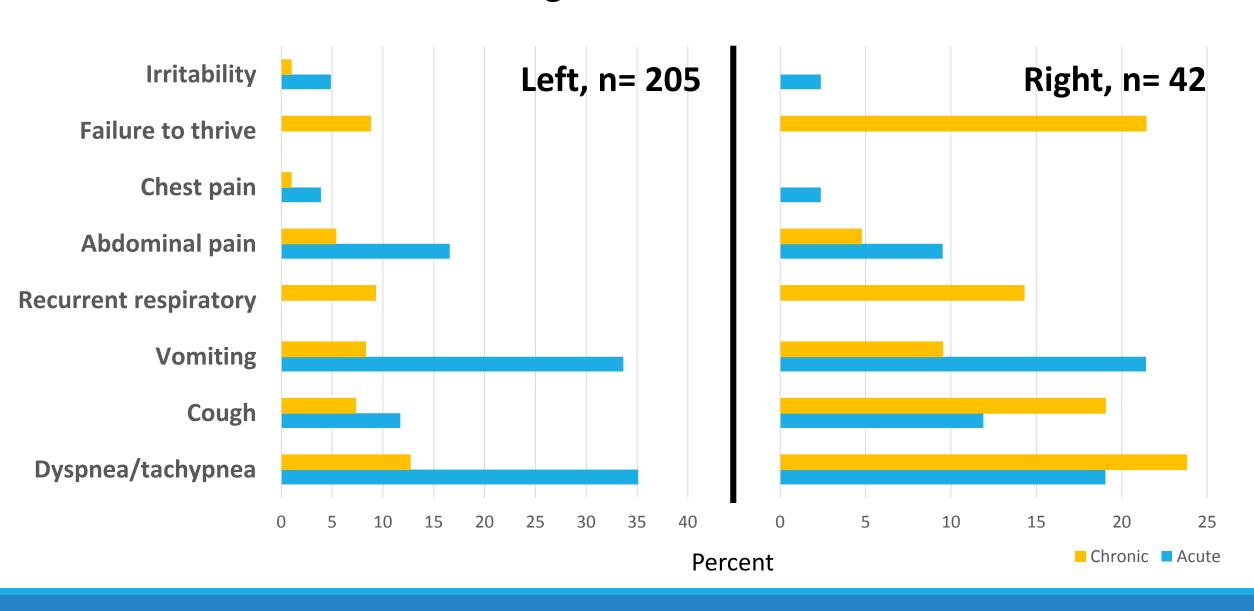
Cough

Failure to thrive

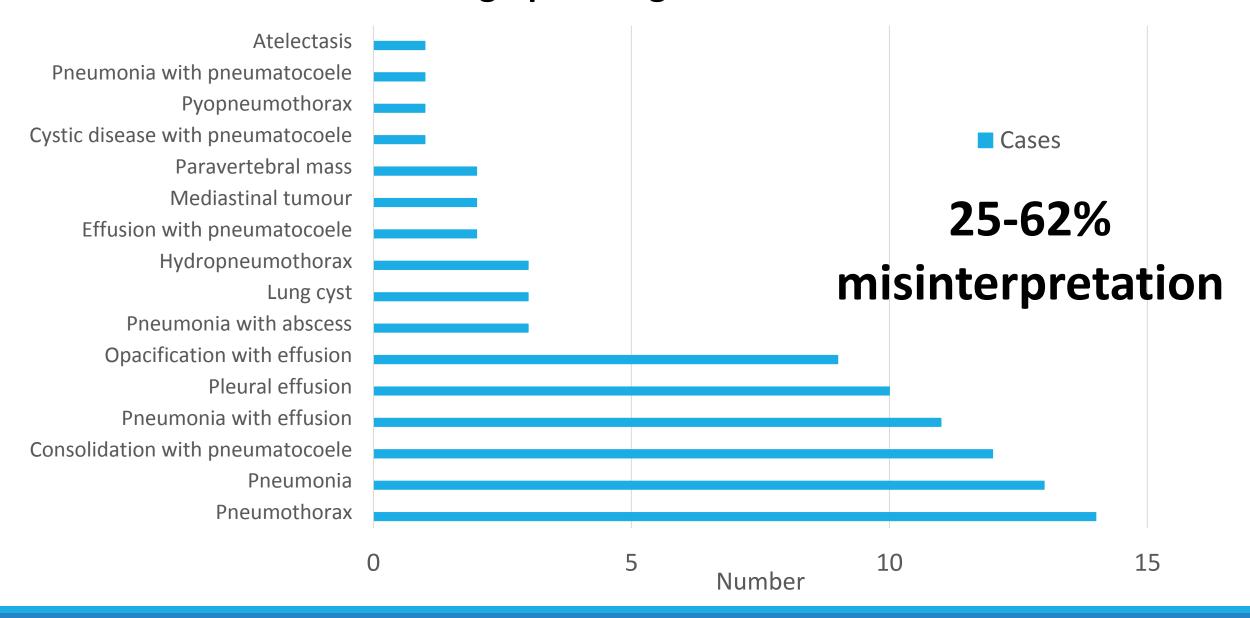
Tachypnea

Abdominal pain

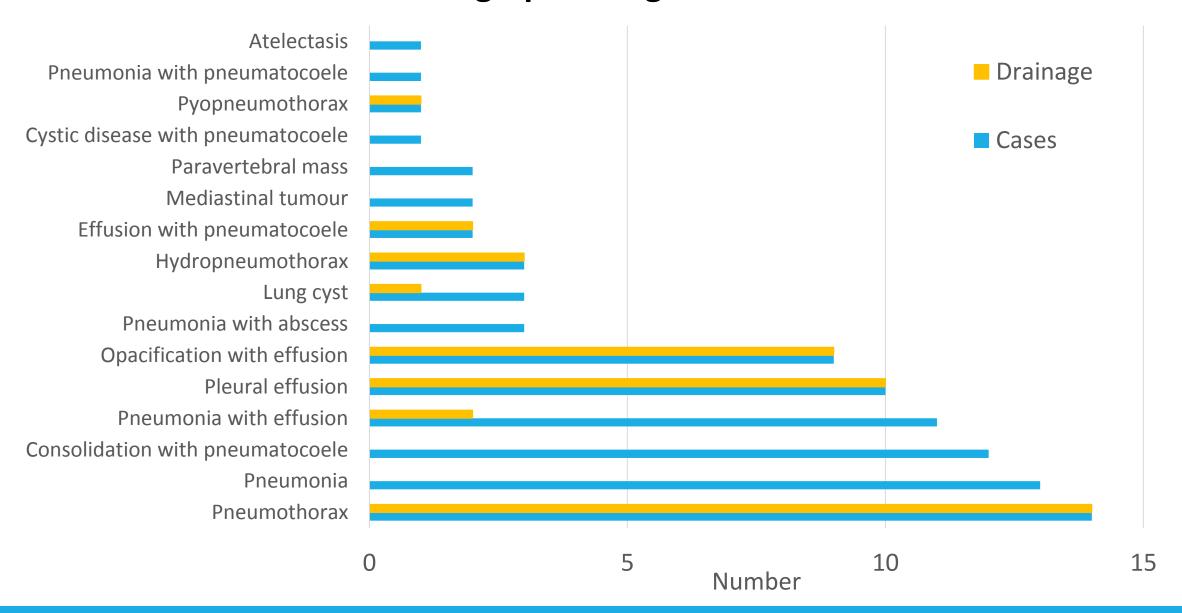
Presenting features of late CDH



Initial radiographic diagnoses of late CDH



Initial radiographic diagnoses of late CDH



Air-filled hollow viscera

Air fluid level

Soft tissue mass

Interruption of the diaphragm

Mediastinal shift

Management

Surgical correction generally completed

Disposition

No surgical repair

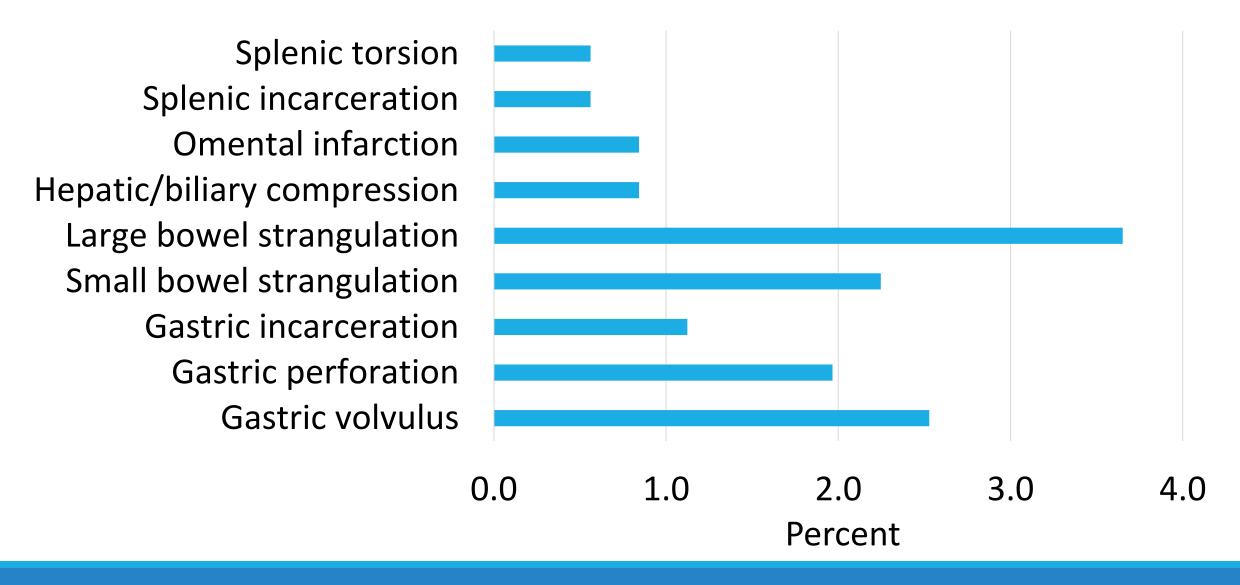
Risks > benefits

Initiate QVAR

Follow-up

- CDH clinic
- Cardiology

Complications of Late CDH





Diagnosis and management of congenital diaphragmatic hernia: a clinical practice guideline

The Canadian Congenital Diaphragmatic Hernia Collaborative*



CLINICAL REPORT

Postdischarge Follow-up of Infants With Congenital Diaphragmatic Hernia

Section on Surgery and the Committee on Fetus and Newborn

Organizational Principles to Guide and Define the Child Health Care System and/or Improve the Health of All Children

Be suspicious!

Key Points

Late CDH ≠ neonatal CDH

Misdiagnosis is common

 Heterogeneous radiographic and clinical presentation

Surveillance guidelines