



CANADIAN
THORACIC
SOCIETY

CANADIAN RESPIRATORY
HEALTH PROFESSIONALS

In collaboration with



Cough Assist Workshop: Non-Invasive Airway Management (NIVAM)

Thursday April 11, 2019

8:30 a.m. to noon

Westin Ottawa Hotel, 4th Floor, Governor General II

11 Colonel By Drive, Ottawa, Ontario K1N 9H4

A hands-on education workshop for respiratory healthcare professionals to practice mechanical cough assist and lung volume recruitment techniques and their role in secretion clearance. Led by two respiratory therapists from CANVent (Canadian Alternatives in Noninvasive Ventilation) Respiratory Services at the Ottawa Hospital, this workshop will be of interest to respiratory therapists, physiotherapists, nurses and others providing care to patients requiring non-invasive airways management. Registration is limited to ensure a quality hands on experience.

After the workshop, participants will be able to:

- Define ineffective cough and disease processes that require secretion clearance
- Select the appropriate cough intervention for a specific patient population
- Demonstrate the components of mechanical cough assists and lung volume recruitment
- Assemble the mechanical cough assist and lung volume recruitment for clinical and home use

WORKSHOP AGENDA

08:30 –09:30 Lung Volume Recruitment and Mechanical Insufflator-Exsufflation: An Interactive Practical Session – Mary-Lynn Irven, RRT, CRE and Kathy Walker, Bsc, RRT, CRE from the CANVent Respiratory Services, Ottawa Hospital

9:30- 09:45 Break

09:45 - 10:30 Hands on Breakout Sessions (small groups of 5 or 6):

Lung Volume Recruitment / Manual Assist Cough / Peak Cough Flow / Maximum Insufflation Capacity

10:30 – 11:30 CoughAssist™ E70

11:30 – 12:00 Q&A / Feedback and Reflection

12:00 Adjournment

**REGISTER IN CONJUNCTION WITH THE CANADIAN RESPIRATORY
CONFERENCE: <https://cts-sct.ca/crc/registration/>**