After a few years of change and transformation, the
CTS is approaching a stable position where we are
consolidating and making new gains. As I pass the torch
of the CTS Presidency and we enter our 61st year as a
national specialty society, I am optimistic about the future
and the positive momentum underway! CTS is the Canadian
leader in respiratory education, knowledge generation
and translation. In these ‘mission critical’ areas, we have
been making great strides to put CTS on the map in
addition to enhancing member services and opportunities
for engagement.

Across the four pillars of our strategic plan reported in
the following pages, we have had an ongoing objective
to grow the membership of our society. CTS membership
is growing and while our goal is to recruit and retain a
majority of respirologists as the core membership in
keeping with our specialty society status at the Royal
College, we also want to grow our constituencies of
respiratory healthcare professionals and researchers.
To this end, we have reduced membership fees for
non-physician members and students and created
a new membership category for PhD scientists with
a differential fee.

Member engagement needs to be improved to help us
grow in scope and impact. To this end, the CTS Board
approved a new assembly model that will be phased in
over the next two years. The goal of the revised assembly
model is to increase opportunities for the input and
engagement of CTS members in the development and
implementation of our strategic directions. All CTS
members will be able to join the assemblies related to their
clinical and research interests. The new model’s steering
committee structure will better reflect the constituencies
within CTS and the competencies we need for our future
growth and development. We know the next generation
of respirologists, scientists and healthcare professionals
are poised to join us in these endeavours, and we intend
to ensure more opportunities are created for career
development, mentorship and participation.

Guideline panels and working groups will be established
by the Assembly steering committee to carry out the
assembly workplan and an annual meeting of members
will be held at the Canadian Respiratory Conference or
other national event to report out to CTS members
and gather input to inform CTS education programs,
knowledge translation initiatives and the Assembly’s

MISSION

The Canadian Thoracic Society promotes lung health by enhancing
the ability of lung health professionals through leadership, collaboration,
research, learning and advocacy, and providing the best respiratory
practices in Canada.
We are approaching the completion of our first strategic plan as an independent society and will soon embark on developing a new plan, building on our strengths and seeking new challenges so that our society continues to evolve and grow to serve the needs of our members and the national community.”

future workplan. We are looking forward to increasing participation in the life of the society and to providing opportunities for mentorship and the sharing of expertise through new assembly initiatives and via our web-based member portal.

In developments overseen by our Canadian Respiratory Guidelines Committee, CTS is taking strides to move to a ‘living guideline’ model with annual evidence reviews to update our clinical practice guidelines. We are extremely grateful to the many CTS members who are working diligently to produce evidence-based updates or de novo clinical practice guidelines for publication in the coming months.

This year CTS took steps to be more visible as the voice of authority on respiratory health and research. In late 2018, we secured observer status on the Scientific Advisory Committee on Respiratory and Allergy Therapies at Health Canada which will allow us to contribute to their deliberations where needed. With the legalization of cannabis, we have appointed a CTS panel to develop a guideline regarding respiratory health effects. Key research results of the Canadian Respiratory Research Network and AllerGen NCE will be profiled at the Canadian Respiratory Conference and we will highlight these accomplishments with research funders to encourage future investments.

In an important leadership transition at the end of 2018, Louis-Philippe Boulet succeeded Peter Paré as the Editor in Chief of the Canadian Journal of Respiratory, Critical Care and Sleep Medicine. I would like to thank Dr. Paré for his dedication and steady guidance over the past 3 years to launch of the new CTS journal. Dr. Paré received the CTS Distinguished Achievement Award in April 2018 in recognition of his significant contributions to respiratory medicine, teaching and research, including his role as the inaugural Editor in Chief. It is a small acknowledgement for such dedication and commitment on behalf of our members and the scientific community. Dr. Boulet has contributed to the journal as Deputy Editor and as an Associate Editor, in addition to being a highly cited author. As a former CTS President (2000–2001), past Chair of the CTS Asthma Assembly and inaugural Chair of the Canadian Respiratory Guidelines Committee, Dr. Boulet has always provided CTS with strategic and visionary leadership. We look forward to building on the strong foundation established by Dr. Paré and supporting the realization of Dr. Boulet’s exciting plans for the CTS journal.

CTS is moving forward in all of our strategic priorities due to the significant leadership contributions provided by members who are making an impact in key roles within our society and in the field of respiratory health. We are approaching the completion of our first strategic plan as an independent society and will soon embark on developing a new plan, building on our strengths and seeking new challenges so that our society continues to evolve and grow to serve the needs of our members and the national community. I invite you to offer your time and talent to the CTS through the work of the assemblies and committees and to encourage your colleagues, trainees and students to join us in our collective mission to improve lung health for all Canadians.

Respectfully yours,

Catherine Lemiere, MD, MSc
PRESIDENT, CANADIAN THORACIC SOCIETY
Foster innovation to promote evidence-based clinical practice

Drive the rapid implementation of new knowledge in clinical practice using guidelines, knowledge transfer and cutting-edge research.

2018 publications

• Pediatric Home Mechanical Ventilation: A CTS Clinical Practice Guideline (online supplement)

• Comprehensive management of fibrotic interstitial lung diseases: A Canadian Thoracic Society Position Statement

• Pan-Canadian asthma and COPD standards for electronic health records: A Canadian Thoracic Society Expert Working Group Report

Manuscripts in development

• Update of the Diagnosis of Chronic Thromboembolic Pulmonary Hypertension

• Update of the Sleep Disordered Breathing Guidelines

• Update of the following Home Mechanical Ventilation Adult Guidelines sections:
  - Amyotrophic Lateral Sclerosis Update (published February 14, 2019)
  - Airway Clearance and Management
  - HMV in patients with Chronic Obstructive Pulmonary Disease

• Update of the Pharmacotherapy in patients with COPD

• Update of the Recognition and Management of Severe Asthma

• Update of the Joint Canadian Cardiovascular Society (CCS) / CTS Pulmonary Hypertension Statement – CCS-led process

• Update of the Canadian Tuberculosis Standards – a collaboration with the Public Health Agency of Canada

• De novo guidelines:
  - Joint CTS / Canadian Sleep Society Pediatric OSA Guideline – CTS-led process
  - CTS Cannabis Guideline

Guidelines collaborations with CHEST
(American College of Chest Physicians)

Dr. Reshma Amin is the official CTS representative on the Management of Respiratory Muscle Weakness guideline panel. Dr. Samir Gupta, Chair of the Canadian Respiratory Guidelines Committee (CRGC), participates in the CHEST Guidelines Oversight Committee meetings. The Past-Chair, CHEST Guidelines Oversight Committee, Dr. Kenneth Casey, participates in quarterly meetings of the CRGC.

Our Canadian Respiratory Guidelines Committee has put in place a new standardized process which includes:

• new tools for critical appraisal of evidence

• online platform for systematic reviews

• patient / public involvement strategy

• framework to support project development and evaluation

Living Guideline concept – collaboration with McMaster University

A CTS / McMaster PLUS database was created to retrieve articles pertaining to the CTS clinical questions / topics from top impact journals. The studies are indexed according to the PICO questions, and made available to the CTS guideline panel on a dedicated software platform for manual assignment to individual reviews. This evidence service prompts guideline updates and facilitate year-end reviews.
COLLABORATION WITH KEY PARTNERS

ALLERGEN NCE
ASSOCIATION OF MEDICAL MICROBIOLOGY AND INFECTIOUS DISEASE CANADA
ASTHMA CANADA
CANADIAN SOCIETY OF OTOLARYNGOLOGY – HEAD AND NECK SURGERY
CANADIAN PEDIATRIC SOCIETY

CANADIAN RESPIRATORY RESEARCH NETWORK
CANADIAN SLEEP & CIRCADIAN NETWORK
COLLEGE OF FAMILY PHYSICIANS OF CANADA
IMMUNIZE CANADA
RESPTREC™ – THE LUNG ASSOCIATION OF SASKATCHEWAN
THE CANADIAN LUNG ASSOCIATION

Canadian Journal of Respiratory, Critical Care and Sleep Medicine – official journal of the CTS

Thanks to member contributions, strong leadership by Editor in Chief Peter Paré, Associate Editors and members of the editorial board, the journal is performing well and becoming a more robust income stream for the CTS. In 2018, the journal was listed with the Emerging Science Citation Index and an application for the journal to be indexed in MedLine was submitted. These steps are critical to the establishment of an impact factor for the journal which we hope to achieve in 2019–20.
Provide state-of-the-art professional education to transform lung healthcare

Enhance the CTS’ ability to customize its programs and services to meet the continuing education needs of its members and other healthcare professionals.

2018 program highlights:

In January 2018, webinars were delivered on CTS guidelines publications in French and English:

- **Management of Severe Asthma – CTS Position Statement**
  Dr. Catherine Lemiere / Dr. Mark FitzGerald

- **Pharmacotherapy in Patients with COPD – An Update**
  Dr. Darcy Marciniuk / Dr. Jean Bourbeau

A webinar series organized by the CRHP Leadership Council included the following:

- **Behavioural interventions for asthma, the role of weight management and exercise** – Dr. Simon Bacon

- **Practical Recommendations for Exercise Training in Patients with IPF** – Dr. Yannick Molgat-Seon

- **Rehabilitation Considerations for patients in the ICU** – Dr. Michelle Kho

- **Social Determinants and Respiratory Health Inequalities among Indigenous Peoples in Canada** – Dr. Maria Ospina
Independent Medical Education grants were secured from GSK and planning committees established for the development of accredited CME programs on the COPD Pharmacotherapy Update and Severe Asthma (2019 implementation).

The CTS Speakers Bureau was contracted to deliver single topic presentations for GSK, Novartis, and Sanofi Genzyme. CTS was also engaged to develop a full day CME program for Actelion which was delivered in conjunction with their national annual meeting.

Delivered the 11th Annual Canadian Respiratory Conference (CRC) in Vancouver, BC, April 12–14, 2018 – an accredited group learning activity (Section 1)

Within the scientific program at CRC, the Cardiopulmonary Exercise Testing Workshop was developed as an Accredited Simulation Activity (Section 3)

Co-developed a symposium with GSK entitled “When Real World Evidence Meets the Classical Randomized Control Trial: A spectrum of evidence discussion in respiratory disease” with presenter Dr. Mark FitzGerald

The annual Ultrasound in Respiratology simulation course was presented as an accredited simulation activity (Section 3) by members of the Clinical Assembly on Chest Procedures in Vancouver on April 12, 2018

Delivered the annual CTS Scientific Program at CHEST on October 8, 2018. The CTS Honorary Lecture was delivered by Doug Bradley on the topic “Sleep Apnea—Cardiovascular Interactions: A Long Journey on a Two-Way Street”

Implementation of CHEST PREP Canada, a collaboration with CHEST (American College of Chest Physicians), was introduced by CTS in 2016 to provide certified clinical education for industry representatives on a fee for service basis. A course on the topic of severe asthma was created for AstraZeneca Canada and delivered in Montreal in February 2018. A course on COPD pharmacotherapy was developed for Boehringer-Ingelheim and implemented in Toronto in December 2018. Additional programs under consideration include interstitial lung disease, lung cancer and pulmonary hypertension.

AT RIGHT: CTS-CHEST PREP course on COPD, December 2018
Promote cutting-edge lung health research

Support the implementation of the National Respiratory Research Strategy to improve prevention, screening, diagnosis, treatment, support systems and palliation of respiratory diseases.

8th Annual CTS Research Poster Competition at ATS

The 8th annual CTS Research Competition took place on Saturday, May 19, 2018 in San Diego, California as part of the American Thoracic Society Conference.

2018 WINNER OF THE JAMES C. HOGG BASIC RESEARCH AWARD

Vanessa Moarbes from McGill University
ABSTRACT TITLE: Inhibitory Activity of STAT6-IP on IL-33-mediated-IL-13 Production and Macrophage Polarization in an Innate Murine Allergy Model
FIRST RUNNER-UP: Miriel Ho
Ottawa Hospital Research Institute
SECOND RUNNER-UP: Megane Lebel
Université de Sherbrooke

2018 WINNER OF THE FREDERICK HARGREAVE CLINICAL RESEARCH AWARD

Nicolle Domnik from Queen’s University
ABSTRACT TITLE: Nocturnal Variations in Supine Lung Volumes and Spirometry in Moderate to Severe Chronic Obstructive Pulmonary Disease (COPD)
FIRST RUNNER-UP: Erika Lee
University of Toronto
SECOND RUNNER-UP: David Belzile
Institut universitaire de cardiologie et de pneumologie de Québec

In 2018, CTS also:

Participated in the annual meeting of the Canadian Respiratory Research Network in Ottawa as a member of the CRRN Stakeholder Advisory Committee, January 2018

Served as a member of the Canadian Sleep and Circadian Network

Achieved observer status on the Scientific Advisory Committee on Respiratory and Allergy Therapies at Health Canada which will allow us to contribute to their deliberations where needed

Mentored respiratory research trainees at the PhD and post-doctoral levels at the annual RENASCENT Training Workshop, held in conjunction with the Canadian Respiratory Conference in Vancouver, April 2018. CTS is a collaborating partner in the program co-presented by CIHR-Institute for Circulatory and Respiratory Health and The Lung Association

Recognized excellence in research through the 9th annual Canadian Respiratory Health Professionals Poster Award at the 2018 Canadian Respiratory Conference in Vancouver

Requests for Letters of Support

CTS is committed to assisting our members to attract funding for respiratory research. Our Letters of Support policy is available on the CTS website at cts-sct.ca/research/.

If you need a letter of support from CTS for your research funding application, please contact Anne Van Dam, CTS Director, Knowledge Mobilization avandam@cts-sct.ca.
Developing the next generation of respiratory health professionals and researchers

Provide clinical and research opportunities for careers in the respiratory field to enrich the respiratory specialty.

CTS undertook specific initiatives to support career development and facilitate the engagement of fellows, trainees and early career members:

• Delivered the National Senior Respiratory Fellows Symposium (NSRFS) and simulated respirology exam to 38 residents in collaboration with Respirology Program Directors, April 11–12, 2018 in conjunction with CRC in Vancouver

• Implemented the annual Pediatric Respirology Fellows Day for 15 fellows with faculty from the Pediatric Assembly, April 11–12, 2018 in conjunction with CRC

• Host and maintain the Pediatric Respirology ‘Cross Canada Rounds’ website

• Delivered an interdisciplinary career development session at CRC 2018 on “Academic Writing: Get Your Paper Out!”, presented by Pat Camp

• Provided access to the national Directory of Fellowships and Training Opportunities on the CTS website. This resource is updated quarterly by Respirology Program Directors and posted in the Member Resources area of the CTS website

• Approved a revised clinical assembly model and steering committee structure to engage members early in their career

• Integration of CRHP members, fellows and early career professionals in CTS committees and clinical assemblies

• Created a new membership category for PhDs with a differential fee structure

• Approved the extension of a preferred membership rate for respirologists in their first two years of practice
2018 Awards and recognition

**DISTINGUISHED ACHIEVEMENT AWARD**
Pearce Wilcox  
CTS Past President

Peter Paré  
Awardee

Catherine Lemiere  
CTS President

**CANADIAN RESPIRATORY HEALTH PROFESSIONALS DISTINCTION AWARD**
Kathleen Spurr  
Awardee

Véronique Pepin  
Chair, CRHP Leadership Council

**LIFETIME ACHIEVEMENT IN PEDIATRIC RESPIRATORY MEDICINE**
Valerie Kirk  
Awardee

Catherine Lemiere  
CTS President

**CANADIAN RESPIRATORY HEALTH PROFESSIONALS POSTER AWARD**
Kim-Ly Bui  
Awardee

Véronique Pepin  
Chair, CRHP Leadership Council

**2018 CIHR-ICRH-CTS DISTINGUISHED LECTURE IN RESPIRATORY SCIENCES**
Brian Rowe  
ICRH Scientific Director

Denis O’Donnell  
Awardee

Catherine Lemiere  
CTS President

**2018 CTS HONORARY LECTURE AWARD AT CHEST ANNUAL MEETING**
Doug Bradley  
Awardee

Catherine Lemiere  
CTS President
**DISTINGUISHED ACHIEVEMENT**

Peter D. Paré  
Vancouver, BC

**LIFETIME ACHIEVEMENT IN PEDIATRIC RESPIRATORY MEDICINE**

Valerie Kirk  
Calgary, AB

**CRHP DISTINCTION AWARD**

Kathleen Spurr  
Halifax, NS

**CRHP POSTER AWARD**

Kim-Ly Bui  
Québec, QC

**CIHR / ICRH-CTS DISTINGUISHED LECTURE IN RESPIRATORY SCIENCES**

Denis O’Donnell  
Kingston, ON

**CTS HONORARY LECTURE AT CHEST**

Doug Bradley  
Toronto, ON

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**Leadership**

Heartfelt thanks to our Chairs and Co-Chairs who contributed to the work of CTS assemblies and other key initiatives in 2018:

| CANADIAN RESPIRATORY HEALTH PROFESSIONALS ASSEMBLY | CANP D GUIDELINE PANEL | COPD GUIDELINE PANEL | Jean Bourbeau |
| PEDIATRIC ASSEMBLY | CHEST PROCEDURES ASSEMBLY | Christopher Hergott |
| ASTHMA ASSEMBLY | HOME MECHANICAL VENTILATION ASSEMBLY AND GUIDELINE PANEL | Doug McKim |
| BRONCHIECTASIS WORKING GROUP | INTERSTITIAL LUNG DISEASE ASSEMBLY | Martin Kolb |
| CANADIAN RESPIRATORY GUIDELINE COMMITTEE | PULMONARY VASCULAR DISEASE ASSEMBLY | Andrew Hirsch |
| Samir Gupta | CTEPH GUIDELINE PANEL | Doug Helmersen |
| PRESTINE EXPERT PANEL WORKING GROUP | SLEEP DISORDERED BREATHING ASSEMBLY | Najib Ayas |
| Diane Lougheed | PEDIATRIC OBSTRUCTIVE SLEEP APNEA GUIDELINE PANEL | Joanna MacLean |
| CANNABIS GUIDELINE PANEL | TUBERCULOSIS AND INFECTIOUS DISEASE COMMITTEE | Dick Menzies |
| Matthew Stanbrook | CANADIAN RESPIRATORY CONFERENCE CO-CHAIRS | Chris Carlsten, Véronique Pepin |
| COPD ASSEMBLY | CANADIAN RESPIRATORY CONFERENCE SCIENTIFIC COMMITTEE CO-CHAIRS | Mohit Bhutani, Pat Camp |
| Mohit Bhutani, Gail Dechman | NATIONAL SENIOR RESPIRATORY FELLOWS SYMPOSIUM | Alia Kashgari |
| | PEDIATRIC RESPIROLOGY FELLOWS DAY | Melinda Solomon, Connie Yang |

And also to those who represent CTS with partner organizations:

| CANADIAN PARTNERSHIP AGAINST CANCER / LUNG CANCER SCREENING FRAMEWORK | Anne Gonzalez, Christopher Hergott |
| CHEST ANNUAL MEETING PROGRAM PLANNING COMMITTEE | John Gjevre |
| CHOOSING WISELY TASK FORCE | Samir Gupta |
| EUROPEAN RESPIRATORY SOCIETY, CTS NATIONAL REPRESENTATIVE | Diane Lougheed |
| ROYAL COLLEGE SPECIALTY COMMITTEE FOR RESPIROLOGY | Ashley Gillson |
| THE LUNG ASSOCIATION NATIONAL BOARD | Pat Camp, Diane Lougheed |
| THE LUNG ASSOCIATION NATIONAL RESEARCH STEERING COMMITTEE | Dina Brooks, Andrew Halayko, Larry Lands, Mika Nonoyama |

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**In memoriam**

Dr. Margaret Becklake, longstanding CTS member and former CTS President (1978–79), passed away in Montreal on October 17th, 2018 at the age of 96. She will be remembered for her pioneering contributions to the field of occupational lung disease and respiratory medicine and research. She established the now well-known Respiratory Epidemiology and Clinical Research Unit at McGill and at the Montreal Chest Institute that has launched so many current Canadian leaders in respiratory medicine, including her former graduate students Drs. Jean Bourbeau, Pierre Ernst, and Dick Menzies. The Montreal Chest Institute has announced the launch of a Dr. Margaret Becklake Fellowship in her honour to support the training of respiratory clinicians and researchers from indigenous communities and low income countries [mcifoundation.ca/dr-margaret-becklake-fellowship/](http://mcifoundation.ca/dr-margaret-becklake-fellowship/)
Sources of revenue = $1,205,113

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Expense by category = $1,174,094

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NET $31,019

Audited financial statement

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Expenses

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NET $31,019 ($14,609)

The full audited financial statement will be posted on the CTS website and also available upon request via info@cts-sct.ca
SPONSORS

2018 Corporate Sponsors

**PLATINUM**
- GSK

**GOLD**
- AstraZeneca
- Boehringer Ingelheim
- SANOFI GENZYME

**SILVER**
- Merck
- Novartis
- Grifols

**BRONZE**
- Actelion
- Teva Canada Innovation

2018 Conference Sponsors

**PLATINUM**
- GSK

**GOLD**
- Merck
- Novartis

**SILVER**
- AstraZeneca
- Boehringer Ingelheim
- Grifols

**BRONZE**
- Actelion
- Teva Canada Innovation

**FRIENDS**
- A&D Medical
- AllerGen NCE Inc.
- Alpha 1 Canada
- Beckton Dickinson
- Captium Limited
- CIHR – Institute of Circulatory and Respiratory Health
- Cyclomedica Canada Ltd.
- Helen of Troy
- Hoffman-La Roche
- Medela Canada Inc.
- MedSleep
- Mylan
- Pulmonary Hypertension Association of Canada
- Respiratory Homecare Solutions
- Taylor & Francis Group
- Trudell Medical International
- United Therapeutics
- Vertex

**COLLABORATING SOCIETIES**
- American Thoracic Society
- CHEST (American College of Chest Physicians)
- European Respiratory Society

2018 Program Sponsors

**PEDIATRIC RESPIROLOGY FELLOWS DAY**
- Vertex

**ULTRASOUND IN RESPIROLOGY SIMULATION COURSE**
- Beckton Dickinson
- Fujifilm / Sonosite

**INDEPENDENT MEDICAL EDUCATION GRANTS - COPD AND SEVERE ASTHMA**
- GSK
JOIN US!

CTS-SCRT.ca

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RESPIRATORY HEALTH
PROFESSIONALS
Concordia University
Montréal, QC

Michel Rouleau
CHAIR, EDUCATION &
CONTINUING PROFESSIONAL
DEVELOPMENT
Hôpital du Saint Sacrement
Québec, QC

GUIDING PRINCIPLES
Member driven  |  Evidence-based knowledge production and transfer
Transformation of patient care  |  Collaboration and partnership
Good governance